

# Kiwi Kids Can Cook Official Entry Form - Whanganui Region Sunday July 3rd 2016 - 9am-3pm Whanganui UCOL Campus,16 Rutland Street, Whanganui

You must be a pupil of a Whanganui Region School and in Year 1 to Year 8. You may have a parent/caregiver for moral support and guidance. Please have your entries to us by 5pm on Wednesday 22nd June 2016.

## **Entries must include:**

- A brief description as to why you like cooking
- Recipes of your two favourite dishes that you love to cook
- Photos, drawings, DVD, CD-ROM, booklet video, YouTube link or anything else that may support your entry. (Remember we are looking for imagination here.)

Full Name:	
Full Adress:	
Phone:	Age:
Email:	
Name of School:	
Give us a brief description as to why you like cooking:	

(if you need more space for any further information that may support your entry, please use a separate paper and attach it to this form. Post to Whanganui Food Show, C/o Mainstreet Wanganui, 36 Ridgway Street Wanganui P.O.Box 373 or phone 027 222 6691 or email amanda@mainstreetwanganui.co.nz



#### **OBJECTIVE:**

We believe that "Kiwi Kids Can Cook"! In fact over the years of this competition, we have realised that kids can cook THE MOST amazing dishes! It is our aim to get our kids "hooked on cooking" at a primary school age to help nurture those that have natural talent and promote healthy eating.

## THE COMPETITION:

This is a fun competition where the emphasis is solely on the kids.

There must only be one entrant cooking and they must be a pupil of an Auckland Regional School and in Year 1 to Year 8. Parents and caregivers are there purely for moral support and guidance.

Entrants are asked to submit two of their favourite dishes, which can easily be cooked on a gas top or in a microwave (provided). Please Note: no oven will be available. The entrants will be judged not only on the imagination of each dish but also on the presentation of how they submit their entry. (Photos, poster, video, DVD, YouTube link etc.)

All entries must be received by 5pm on Wednesday 22nd June 2016. They will be judged by a panel of hospitality

representatives and they will choose winning entrants to go forward into the "Regional Cook Off". All entrants will be contacted by the head judge and the finalists will be given further information about the competition day, to be held at Whanganui UCOL Campus, 16 Rutland Street, Whanganui on Sunday July 3rd, 2016 9am-3pm.

Each entrant who makes it through will represent their school and will compete against other entrants live on stage, cooking one of their dishes with the view of getting through to the REGIONAL GRAND FINAL. At this competition their second dish will be cooked and they will be competing for the prestigious "Kids Can Cook" Trophy, which the school gets to hold for 1 year.

The winner will be crowned Auckland's "Kiwi Kids Can Cook" champion and will win a very exciting grand prize for them and their school.

Prizes to be confirmed.

#### THE ENTRIES:

There will be heats starting from 9.30am. One winner will be chosen from each heat with one wildcard also selected. The final will take place at 1.00pm. Finalists will have 30 minutes to complete their dish.

### ON THE DAY:

The 'Kiwi Kids Can Cook' stage will be set up with four cooking stations.

Each station will have a bench top, cold water, 2 gas hobs, power and the use of a microwave.

Each entrant will be responsible for any other cooking equipment and any ingredients that they will need. Chef Hughie Blues and special guest Chef Judges will be on hand to spur the kids along and help fill in the gaps entertaining and educating the audience as the competition goes on.

NZChefs National Office 0800 NZCHEFS 0800 692 433 info@nzchefs.org.nz www.nzchefs.org.nz

